

Princeton Nassau Pediatrics Adolescent Visit Policy

1. Ideally, parent or guardian should be present for all well child visits. If a parent is unable to be present, a responsible adult who is able to provide pertinent history must accompany patients under 18 yrs of age. This adult should have written consent from the parents that covers consent to medical care, as well as lab tests if necessary. Parent phone number should be on the form in case further consent is needed (such as for vaccines). This form is downloadable from the website. It states the parent's concerns, whether the child needs an excuse note, and where the parent can be reached in case of questions.
2. For routine sick visits, a parent or other adult with consent should accompany child.
3. Under New Jersey law, minors have the right to seek confidential care for matters related to sexual health, contraception, pregnancy, and substance abuse. Records pertaining to these visits may not be released without the minor's consent. No parental consent is necessary for these visits.
4. A letter/policy re: teenage confidential care will be available to parents/patients starting at the first adolescent visit.